

# CLCH Podiatry Self-Referral Eligibility Checklist

Please note: We are NOT an  
Emergency Service

## Step 1

If you present with any of the following symptoms, please follow guidance in Step 2

Foot Injury /  
Accident

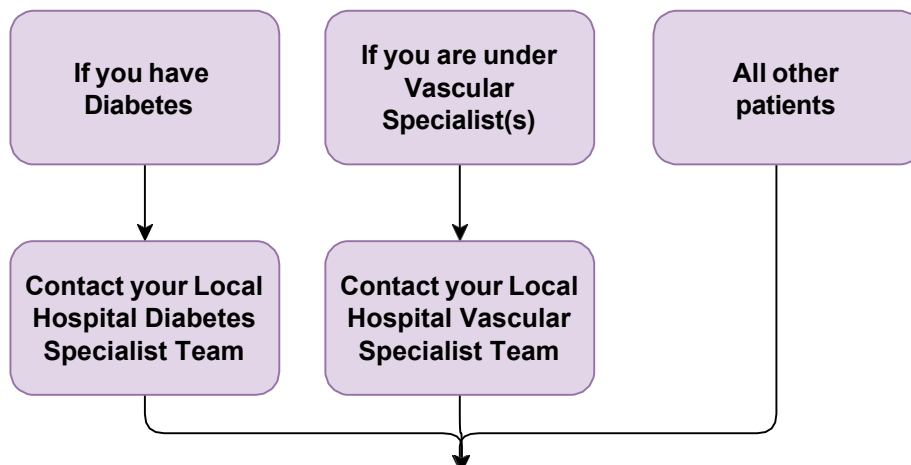
Red / Hot / Swollen  
foot

New open wound  
which is weeping /  
oozing



If you do NOT present with any of these symptoms, skip to Step 3

## Step 2



OR call NHS 111 OR attend your nearest A&E / Walk-in-Centre.

## Step 3

Please read through the category checklists below to determine whether you are eligible to self-refer to your local Podiatry NHS Service

### Category 1

#### Medical Need

- Diabetes (check referral form page 2 for eligibility)
- Neuropathy (loss of feeling in the lower limb due to a medical condition)
- Peripheral Arterial Disease (very poor circulation in the lower limb)
- Rheumatoid/ inflammatory arthritis/ connective tissue disorder
- Immunosuppression
- Neurological Disorders e.g., MS
- On Dialysis
- Foot/leg amputation (due to medical condition)
- History of foot wounds

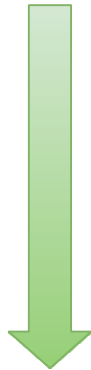


If you have any of these conditions, please go back to the web page to complete a self-referral form.

### Category 2

#### Foot (Podiatric) Need

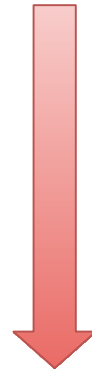
- Existing / non-healing foot wounds
- Foot infection which has required antibiotic treatment
- In-growing toenail with swelling/redness/pain/ infection/on antibiotics or have had a previous course of antibiotics (excluding fungal nails)
- Nail deformity that requires total surgical nail removal
- Painful corns/ heavy callus (only if you have a medical need)
- Musculoskeletal lower limb conditions (check referral form page 3 for eligibility)
- Nail care with loss of sensation/ signs of vascular disease



### Category 3

#### Non-Eligible Conditions

- General nail cutting
- Corns/ callus (with no medical need)
- Verrucae/warts
- Fungal skin and nail infections (unless surgical removal of toenail required)



Conditions in this category are below NHS eligibility criteria.

Details of private, registered podiatrists can be obtained from The Health & Care Professionals Council ([www.hcpc-uk.co.uk](http://www.hcpc-uk.co.uk)) or Royal College Of Podiatry ([www.rcpod.org.uk/find-a-podiatrist](http://www.rcpod.org.uk/find-a-podiatrist)).